CoAction & AVIVA Memory Café

A Dementia Initiative of CoAction

WHAT IS A MEMORY CAFÉ?

A Memory Café is an informal social gathering for those living with early-stage memory loss and their care partner. CoAction is proud to serve our community as the only registered Memory Café.

WHAT HAPPENS AT OUR CAFÉ?

- Music & Dancing
- Yoga & Meditation
- Arts & Crafts
- Games & Puzzles
- Animal Therapy

HOW TO JOIN US

Check Your Calendar!

2nd Wednesday of Each Month from **March - October**

11 am - 1 pm CST

AVIVA

1300 Vale Park Rd,

Valparaiso, IN 46383

Register Today!

Contact Tricia from AVIVA at **219-531-2484** or **tcatlin@avivaseniorliving.com**

Registration is encouraged, but not required. Contact Tricia Catlin at AVIVA. **Space is limited.**

All services are provided without regard to race, age, color, religion, sex, sexual orientation, gender identity and/or expression, disability, national origin, ancestry, or status as a veteran.

219-329-1457
coaction.care/dementia-resources
dementia@coaction.care

AVIVA VALPARAISO

CoAction